

NEW FLAVOURS!

RESOURCE® Crema 2.0

Maximise nutritional support in an energy-dense pudding format



NEW
CHOCOLATE
Flavour &
CARAMEL
Flavour



HIGH PROTEIN
12.5g per serve



HIGH ENERGY
250kcal (2.0 kcal/g)
per serve



NUTRITIONALLY COMPLETE
Suitable as a sole
source of nutrition



DYSPHAGIA FRIENDLY
IDDSI Level 3[^]

RESOURCE® energy-dense high protein nutritional supplements

Format variety to help optimise nutritional status

RESOURCE® ULTRA+

**LOW VOLUME.
HIGHEST IN WHEY PROTEIN.***

*Based on label/product information of low volume Oral Nutrition Supplement whey content per serve of products in market as at June 2024.

- Unique formulation
- Enhances patient compliance
- 20g of high quality protein per serve
- 60% whey protein as a percentage of total protein
- 281kcal per 125mL serve.



RESOURCE® ULTRA Clear Fruit Flavoured Beverage

- Fat free juice-style.

RESOURCE® 2.0 & Resource 2.0 Fibre

- Creamy taste and suitable for medication round.






[^]Aligned with IDDSI Level 3 Moderately Thick/Liquidised. This is intended as a guide only and product suitability should be determined at the discretion of the healthcare professional.

Information for healthcare professional use only.

NEW! RESOURCE® Crema 2.0 available in Chocolate Flavour & Caramel Flavour

Nutrition comparison

	Serve Size (g)	Energy (kcal)	Protein (g)
 Resource® Crema 2.0	125	250	12.5
 Yoghurt plain (regular fat)	125	125	6
 Custard vanilla (regular fat)	125	123	4


Source of food nutrition information:
Xyris FoodWorks 10 Professional Ed. 2019. All calculated values are averages based on commercially available products in Australia. Some variation is likely when comparing different branded food products.

Nutrition information


Caramel Flavour Serving Size: 125g			
	Unit	Ave Qty Per 100g	Ave Qty Per 125g
Energy	kcal	200	250
	kJ	837	1046
Fat	g	9.6	12
- of which			
- saturated	g	1.7	2.1
- monounsaturated	g	5.4	6.7
- polyunsaturated	g	2.1	2.6
Carbohydrate	g	18	22
- of which			
- sugars	g	6.2	7.7
- lactose	g	<0.5	-
Protein	g	10	12.5
Sodium	mg	80	100
Potassium	mg	215	269
Chloride	mg	120	150
Calcium	mg	150	187
Phosphorus	mg	120	150
Magnesium	mg	30	37
Iron	mg	1.5	1.9
Zinc	mg	2.0	2.5
Copper	mg	0.15	0.19
Manganese	mg	0.30	0.37
Fluoride	mg	0.12	0.15
Selenium	µg	11	14
Chromium	µg	6.5	8.1
Molybdenum	µg	15	19
Iodine	µg	15	19
Vitamin A	µg	210	262
Vitamin D	µg	1.6	2.0
Vitamin E	mg	3.8	4.7
Vitamin K	µg	12	15
Vitamin C	mg	18	22
Thiamin	mg	0.20	0.25
Riboflavin	mg	0.25	0.31
Niacin	mg/mg NE	1.0/3.3	1.2/4.1
Vitamin B6	mg	0.30	0.37
Folic acid	µg	40	50
Vitamin B12	µg	0.45	0.56
Biotin	µg	5.0	6.2
Pantothenic acid	mg	0.70	0.87

Osmolarity: 670 mOsm/L. Water content: 60g/100g.
All values specified are average values. NE = Niacin Equivalent.


Clinical usage




Disease related malnutrition.



High energy and protein requirements.



Swallowing difficulties / dysphagia.[^]



Fluid restriction / volume sensitive.

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Ingredients

Caramel Flavour: Water, glucose syrup, **milk** protein (milk protein, sodium caseinate, calcium caseinate, whey), vegetable oil (rapeseed), sucrose, cream (milk), thickener (1442), minerals (potassium chloride, potassium citrate, sodium citrate, magnesium citrate, magnesium oxide, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, potassium iodide, sodium molybdate, sodium selenate), emulsifier (471), colour (150b, 120, 160a), gelling agent (407), vitamins (C, E, niacin, pantothenic acid, B6, thiamin, riboflavin, A, folic acid, K, biotin, D), flavour, acidity regulators (330, 525).
Contains Milk.

Please note there are minor variations between different flavours. The full ingredients list for the other flavours is available online.

Ordering information

Product Code	Units Per Case 6 (4 x 125g)
12587062	Caramel flavour
12417597	Chocolate flavour
	Vanilla flavour
12480124	Current code
12417638	New code (from mid-Nov 2024)

RESOURCE® Crema 2.0, RESOURCE® ULTRA+, RESOURCE® 2.0, RESOURCE® 2.0 + Fibre and RESOURCE® ULTRA Clear Fruit Flavoured Beverage are food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

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Information for healthcare professional use only. Printed in August 2024.

